“Moving Forward, a Photographic Journey Through the Years”

Moving Forward is proud to have been working in the Napa community for over 20 years, watching our residents grow and achieve their highest level of independence. Every few years, we celebrate our Moving Forward family by taking a “family portrait” of our staff and residents together. In July, we came together for one such picture, to commemorate our shared time working together. When visitors take a tour of Moving Forward, they can view many of these group photos and see just how far the program has grown over the last couple of decades. While we wait on the print of our large group photo, here are some pictures of the Moving Forward family enjoying the beautiful evening at the park. We enjoyed a delicious meal and the company of each other at Fuller Park in Napa.
“Purely Academic”  
By: Jennie G. and Olive S.K.

Olive: “For a weekend outing, we went to the California Academy of Sciences in San Francisco California. It was an expensive trip, but it was definitely worth it. I enjoyed walking around with my friends. The best part of the trip was the African exhibit and the Butterfly exhibit!

Jeannie: “At the museum, we saw an albino alligator! We were able to feel different ocean animals in the tide pool area. We walked around most of the museum and saw some fun and interesting things. I bought a souvenir jaguar! I have not been to this museum in a long time, and I really loved the trip!

The group, at the California Academy of Sciences!

Jeannie and Hannah, with souvenirs!

“Get to Know Your Staff”  
By: Sara W.

This month I interviewed Sharon. Sharon is a very nice person. She helped me to become friends with Drew (another resident at Moving Forward). Now I like to help my friend Drew. Sharon helps people at their jobs and also goes on outings. Sharon teaches an art class at Moving Forward.

Here is the interview I had with Sharon:

Why do you like working at Moving Forward?
I love the residents and it feels like a big family here!

If you could be any type of animal, what type would you be, and why?
Bird. I would like to fly all over the place.

If you could have a superpower, which would you choose, and why?
The power to help everyone love one another.

Sharon’s Favorites:

<table>
<thead>
<tr>
<th>Color</th>
<th>Burgundy</th>
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</thead>
<tbody>
<tr>
<td>Meal</td>
<td>A big salad</td>
</tr>
<tr>
<td>Pizza</td>
<td>MOD Pizza: Cheese, sausage, tomato and white sauce.</td>
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<tr>
<td>Ice Cream</td>
<td>Strawberry</td>
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<tr>
<td>TV Show</td>
<td>I like sitcoms, but right now it is “Big Brother”.</td>
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<tr>
<td>Movie</td>
<td>“Love Actually”</td>
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<tr>
<td>Book</td>
<td>“Memoirs of a Geisha:”</td>
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Animal       | Dog       |
Actor/Actress | Barbara Streisand |
Hobby        | Making jewelry |
Sports event  | Mavericks Surfing Competition |
Sport to play | Surfing |
Sport to watch| Sausalito |
Place you have been to | Napa City |

The newsletter, MOMENTUM, is written and created by the residents of Moving Forward Towards Independence.

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More information about Moving Forward Towards Independence can be found on our website:
moving-forward.org