"Because of You"  By: Morgan A.

98 Degrees is an American Pop Boy Band group. They formed in Los Angeles, California, though all of the 4 boys are originally from Ohio. 98 Degrees formed independently. They were later signed by a record label. 98 Degrees has sold over 10 million records worldwide. They have had a lot of top 40 singles in the U.S. They also sing one of my favorite songs!

"Because of You" is a 98 Degrees song from 1998. It is the second song off their album “98 Degrees and Rising”. It went to number 3 on the Billboard Charts Hot 100. The song went Platinum in December of 1998. The album version of this song was very popular and was included on the CD “Now That’s What I Call Music 2”.

The song “Because Of You” is a love song. The 1st time I heard it was when I was watching MTV music videos. I saw the video. I really liked the song even though it was the 1st 98 Degrees song I’d ever heard.

The song means so much to me. I dedicate it to my boyfriend. Also, it means a lot to me because it reminds me of my trip with my family in Hawaii. Hawaii was really fun! I got to see whales in the ocean when I was on the beach. My dad took my mom and me to buy matching dresses. I loved getting to eat a cheeseburger by the pool with my parents and having a strawberry banana smoothie. It was a great vacation. The song reminds me of Hawaii because I listened to it throughout the trip. When I hear it, it brings up my memories of this great time with my parents.

I also got to see this song performed live at the My2k concert I went to last August. I was just leaving to go get my shirt signed and the band started to play “Because of You”. I stopped what I was doing to listen to the song. Hearing the song made me cry because it made me remember the time I had in Hawaii with my dad.

Music can make you feel happy or sad because just by listening to the lyrics of a song it can bring up memories. Songs can also make you think of a person or remind you of something you are going through. It can be a good thing or a not-so-good thing. In either case, music can be very powerful.

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"Special Olympics Summer Games Preview" -By Ellen S.

This year I will be competing in the Special Olympics Summer Games on June 24th and June 25th at U.C. Davis in Davis, California. This year we have five residents from Moving Forward competing in the Games. Below are the sports that our residents will be competing in:

- **Tennis**: Daniel and Elaine
- **Aquatics**: Paige and Olive
- **Bocce Ball**: Ellen

If you want to support the athletes, please come to U.C. Davis on these dates to watch us compete against other teams from California. Opening Ceremonies will be at 7pm on Friday June 23rd.

Please come support your Moving Forward Athletes!!!!
“Photos of the Month”
In May, 2017, Moving Forward held its Annual Parent's Luncheon. At this event, four unbelievable photographers that participate in Moving Forward’s Photography Club displayed prints of their photos. Below are some of the photographs that were chosen to be displayed at the showing:

Photographer: Anna S.

Photographer: Olive S.K.
Photographer: Ross L.

Photographer: Jake H.
“Beat the Heat”  By: Ross L.

Each month at Moving Forward we have safety meetings. We have learned about internet safety, fire safety, food safety, and more. This month, we learned all about being safe when the weather gets hot.

The sun can be good: It provides us with Vitamin D, warmth, and light. Too much sun can be bad: If you get too much sun, you can get sunburned, become dehydrated, and eventually get skin cancer.

Here are some tips for dealing with the sun and heat this summer:

- Wear sunscreen to protect yourself from getting burned
- Wear a hat to block the sun
- Use a fan or mister to stay cool
- Drink plenty of water to stay cool and hydrated
- Dress in shorts and light clothing to prevent getting too hot
- Keep your food cold with cold packs so your food does not spoil

Follow these tips to help you stay safe this summer and to “beat the heat”!